

Mrs. Sakshi Sharma
Assistant Lecturer

QUALIFICATIONS:

1. M.Sc (Food Science and Nutrition)
2. B.Ed
3. NET Qualified

TRAINING PROGRAMME/WORKSHOPS ATTENDED

1. Research Methods, SPSS and Thesis Writing.
2. Faculty Development Programme on facets of Education.
3. Continuous Professional Development on 24 hour Recall and Food Frequency- Methods of Nutritional Assessment.
4. Participated in 5 days Faculty Development Programme on “Advanced Experiential Learning and Activity Based Pedagogy”.

INTERNATIONAL EXPOSURE

RESEARCH PAPERS

1. Prevalence of overweight and obesity among urban homebound geriatrics.
 2. Nutritional Assessment of Geriatrics: A Comparative study of Institutionalized and Non-Institutionalized Elderly Women.
 3. Risk of Malnutrition- As determined by the Mini Nutritional Assessment Tool: A Comparative Study of Urban and Rural Women.
 4. Nutritional Assessment of Geriatrics: A Comparative Study of Urban and Rural Women.
 5. Risk of Malnutrition in Geriatrics- An Assessment by MNA.
 6. Prevalence of Malnutrition among the Urban Homebound Elderly.
 7. Prevalence of Obesity among the Urban Geriatrics.
 8. MNA-Screening and Assessment tool for Geriatrics.
- Life Membership of Delhi Dietetics Association.

MEMBERSHIP / OTHER ASSIGNMENTS

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