Contents

S. No.	Research Paper	Page No.
1.	Tomorrow is Now- Innovations in Hotel Rooms – Vision 2025 Sudipta Saha Gure and Pooja Biswas	1
2.	Association between Sleep Duration and Body Mass Index Dimple Rawat and Anshu Sharma	13
3.	Prevalence and Acceptability of Chinese Food in Kolkata Kritika Bose and Gitanshu Kumar	22
4.	Development of Protein Rich Nan-KhataiPriya Singhal and Sakshi Sharma	29
5.	Future of Street Food in Chandigarh: from the Perspective of Street Food Vendors and the Challenges Faced by them Gitanshu Kumar and Manoranjan Kumar	40
6.	Prevalance and Acceptability of Modernization of Indian Food in Hotels and Restaurants of Delhi and NCRDivya Bose and Ashna Suneja	47
7.	Changing Fast Food Trends of PeopleArti Ghai and Vikash Kumar Jha	59
8.	Sindhi Cuisine: A Study of Evolution and Eating Habits Sandeep Dua and Meenakshi Gandhi	71
9.	Food Safety and Hygiene Standards in the Hospitality Industry Sarthak Mahajan and Anshu Singh	79